HOW TO UNDERSTAND
WOMEN

A journey through ***SIXTY-EIGHT EMOTIONS***, which females experience

BY DAVID MICHAEL CURTIS

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Victimized
Vulnerable
Worried

ABANDONED

An emotional state in which people feel discarded, undesired, left behind.

Antonyms & Near Antonyms: reclaimed recovered saved salvaged restored redeemed rescued retrieved rehabbed

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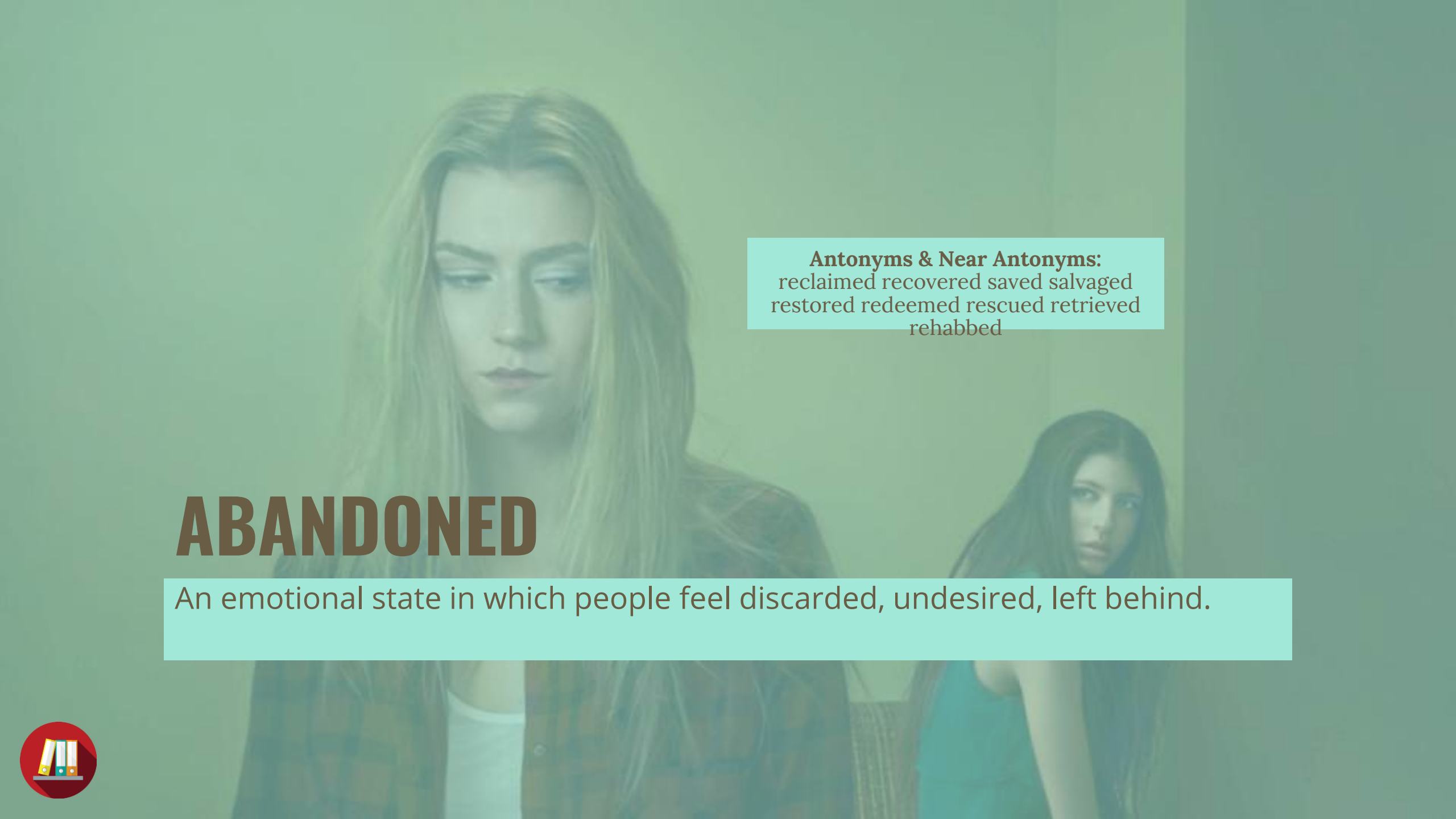

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Antonyms & Near Antonyms: well cured whole healthy healthful sound conditioned wholesome hale fit better improved

AFFLICTED

To be distress by a physical problem or mental function or even monotony.

AFRAID

Filled with fear, apprehension or regret over an unwanted situation.

Antonyms & Near Antonyms: unafraid fearless daring brave adventurous bold sure audacious courageous spirited venturesome confident

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AGGRAVATED

To feel annoyed or bothered.

Antonyms & Near Antonyms: satisfied pleased happy content delighted calm serene tranquil placid peaceable pacific

Antonyms & Near Antonyms:
unaggressive unassertive unambitious easygoing docile relaxed nonassertive deferential compliant amenable passive submissive

AGGRESSIVE

To feel or show aggression. To use forceful methods to succeed.

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Synonyms & Similar Words: aware conscious regardful wary cognizant mindful cautious ware sensible

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ASTONISHED

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ANGRY

Displeasure , hostility. An emotional state that may range in intensity from mild irritation to intense fury and rage.

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ANNOYED

To feel disturbed or troubled, evoking moderate anger. Annoy refers to mild disturbance that can be caused by an act that triggers one's patience.

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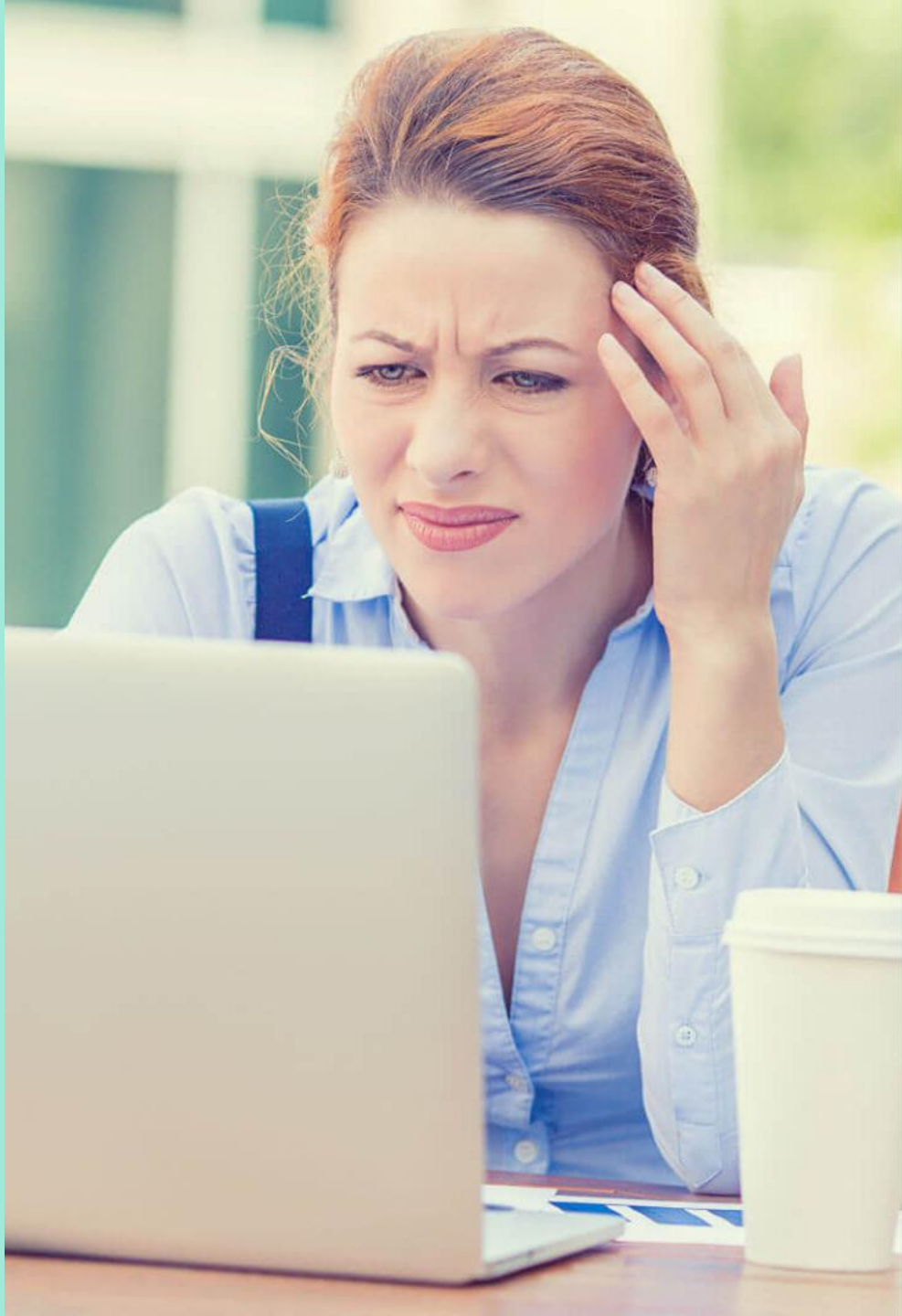

ANXIOUS

An abnormal and overwhelming sense of apprehension often marked by physiological signs . Sweating, tension, and increased pulse.

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APPRECIATION

Admiration, approval, gratitude.

ARROGANCE

The feeling that comes from believing that you are better, smarter, or more important than other people.

BETRAYED

To feel harmed when you have trusted them.

BORED

Lack of interest.

BORED

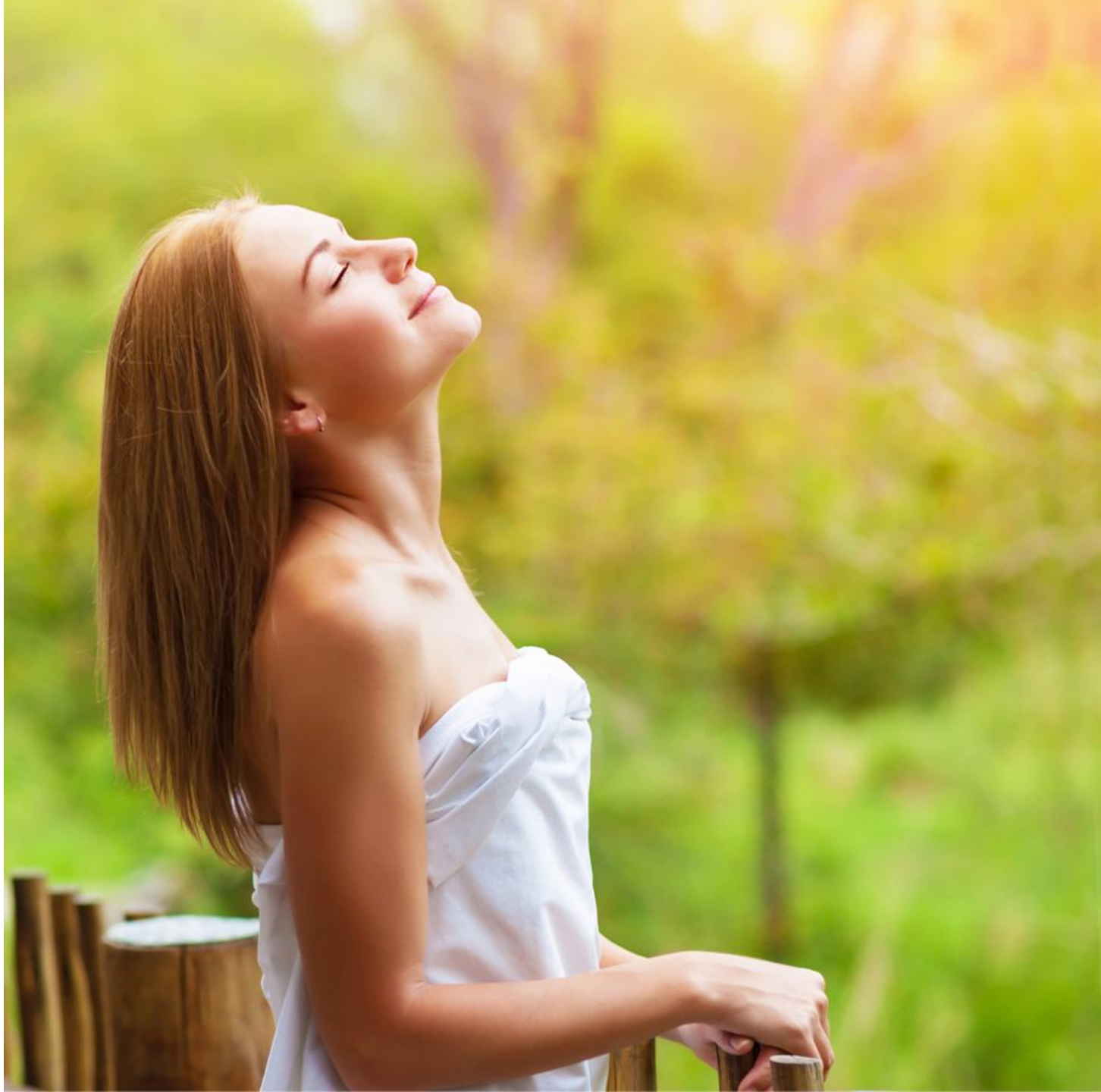
Lack of interest.

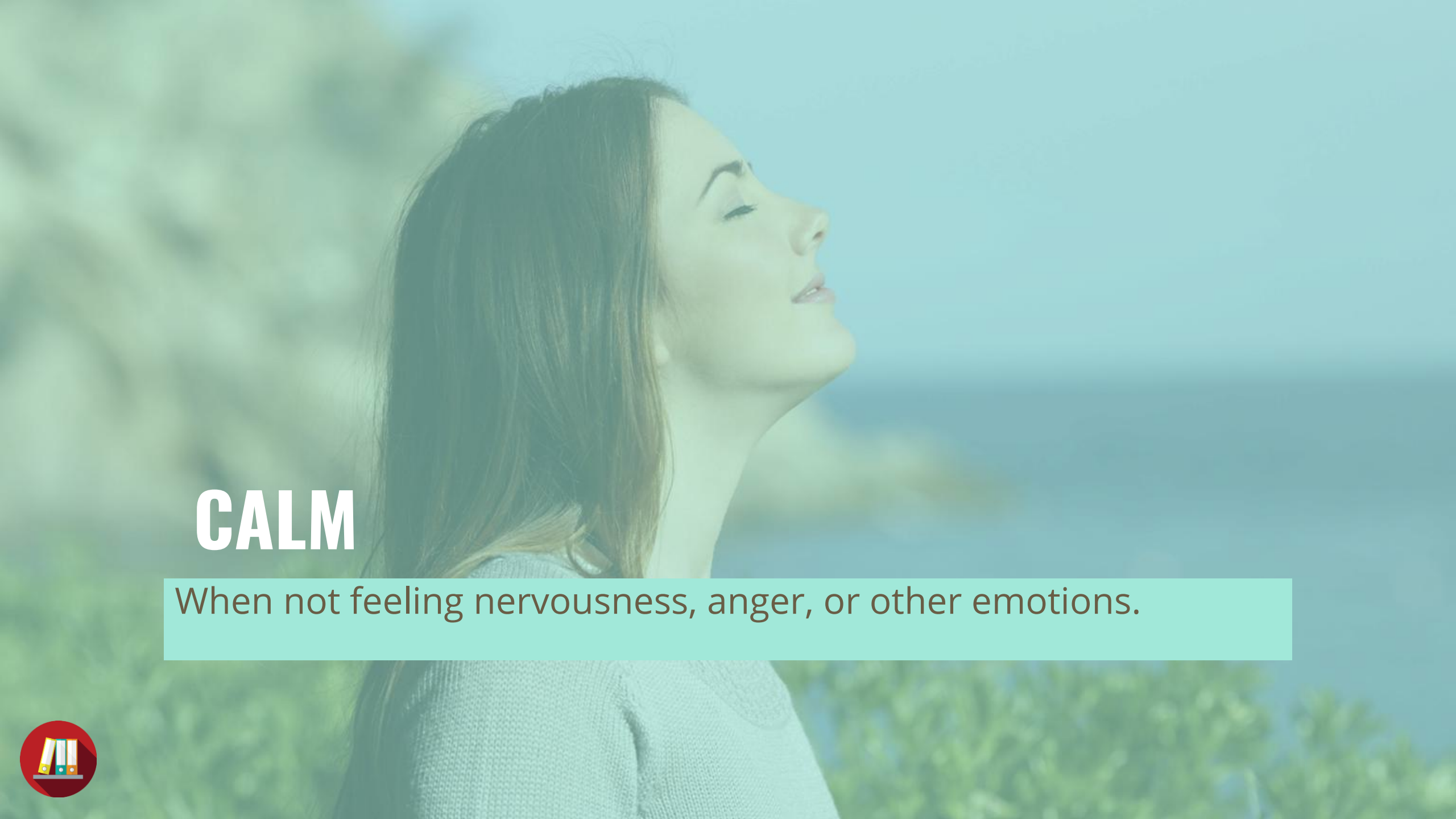
BORED

Lack of interest.

CALM

When not feeling nervousness, anger, or other emotions.





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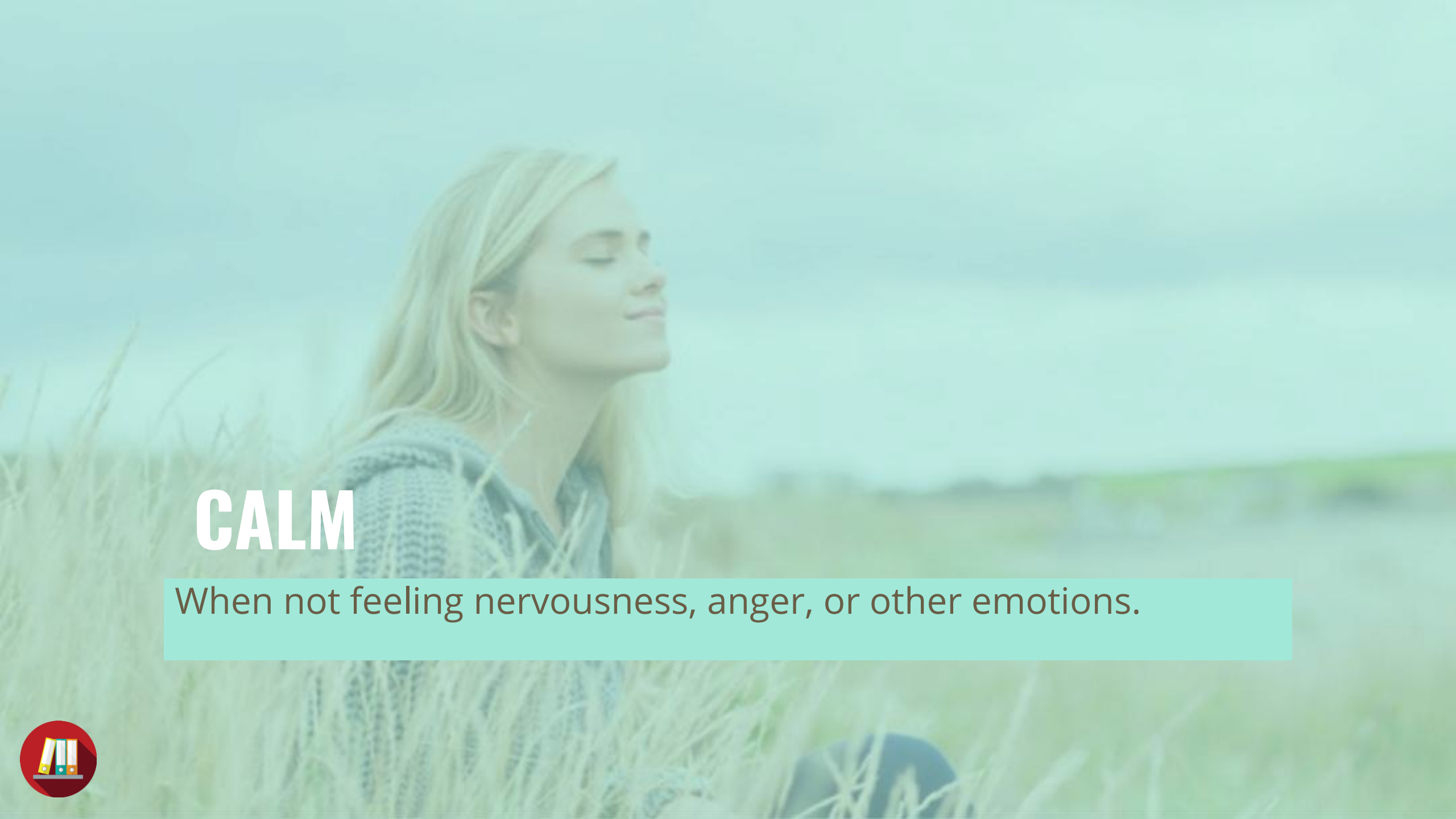


CALM

When not feeling nervousness, anger, or other emotions.

CHEERFUL

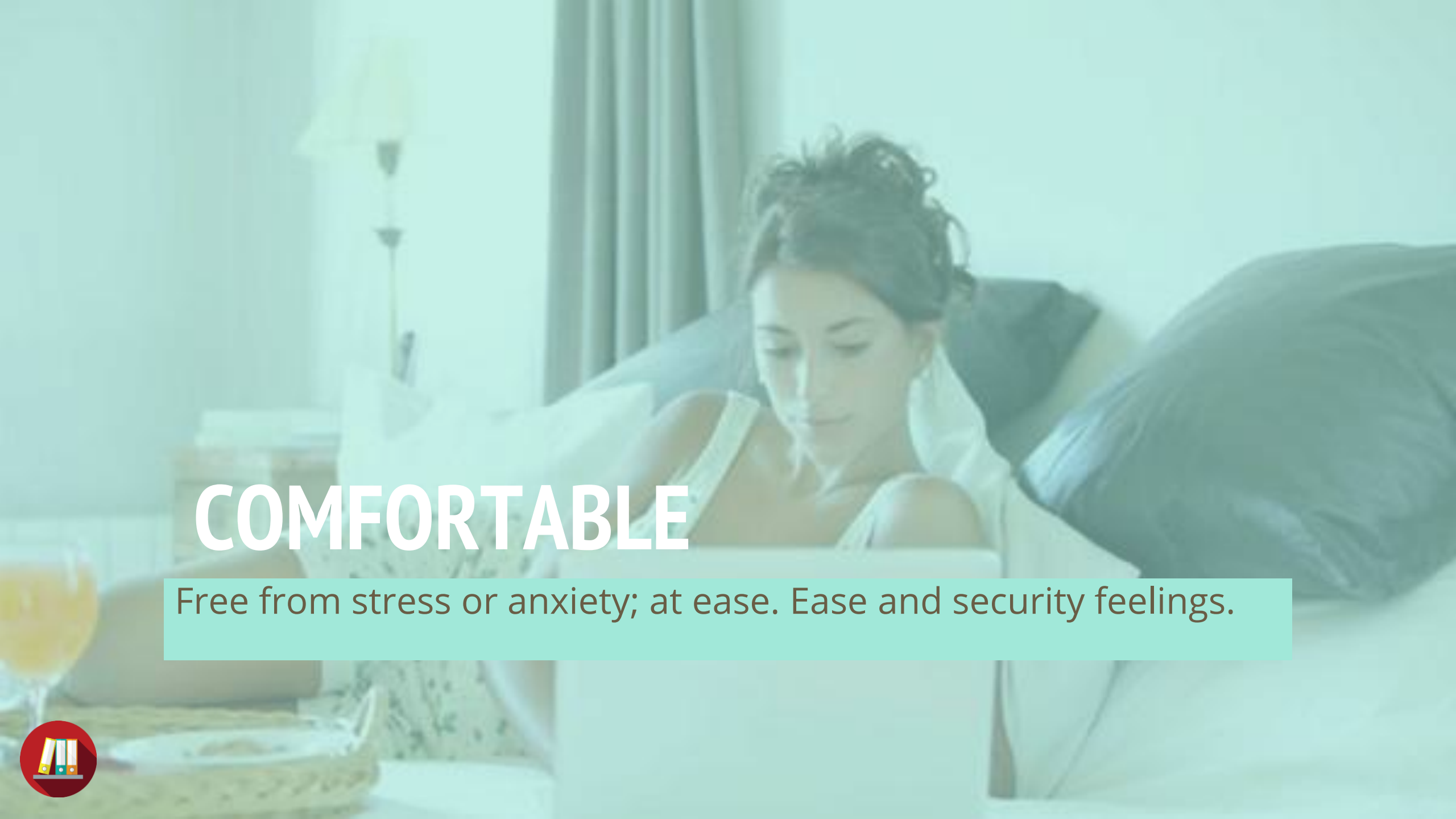
Good humor, happy.

CERTAIN

Sure to come or happen; inevitable. Established beyond doubt or question; indisputable. Having confidence; assured.

COMFORTABLE

Free from stress or anxiety; at ease. Ease and security feelings.



COMFORTABLE

Free from stress or anxiety; at ease. Ease and security feelings.

CONFUSED

Being unable to think with clarity or act with understanding.

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Being unable to think with clarity or act with understanding.

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CONFIDENT

Faith or belief that one will act in a right, proper, or effective way . A state of being certain.

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DENIAL

An unconscious defense mechanism characterized by refusal to acknowledge painful realities, thoughts, or feelings.

DEFENSIVE

Protecting oneself from emotional pain.

DETERMINED

Marked by or showing determination; resolute.

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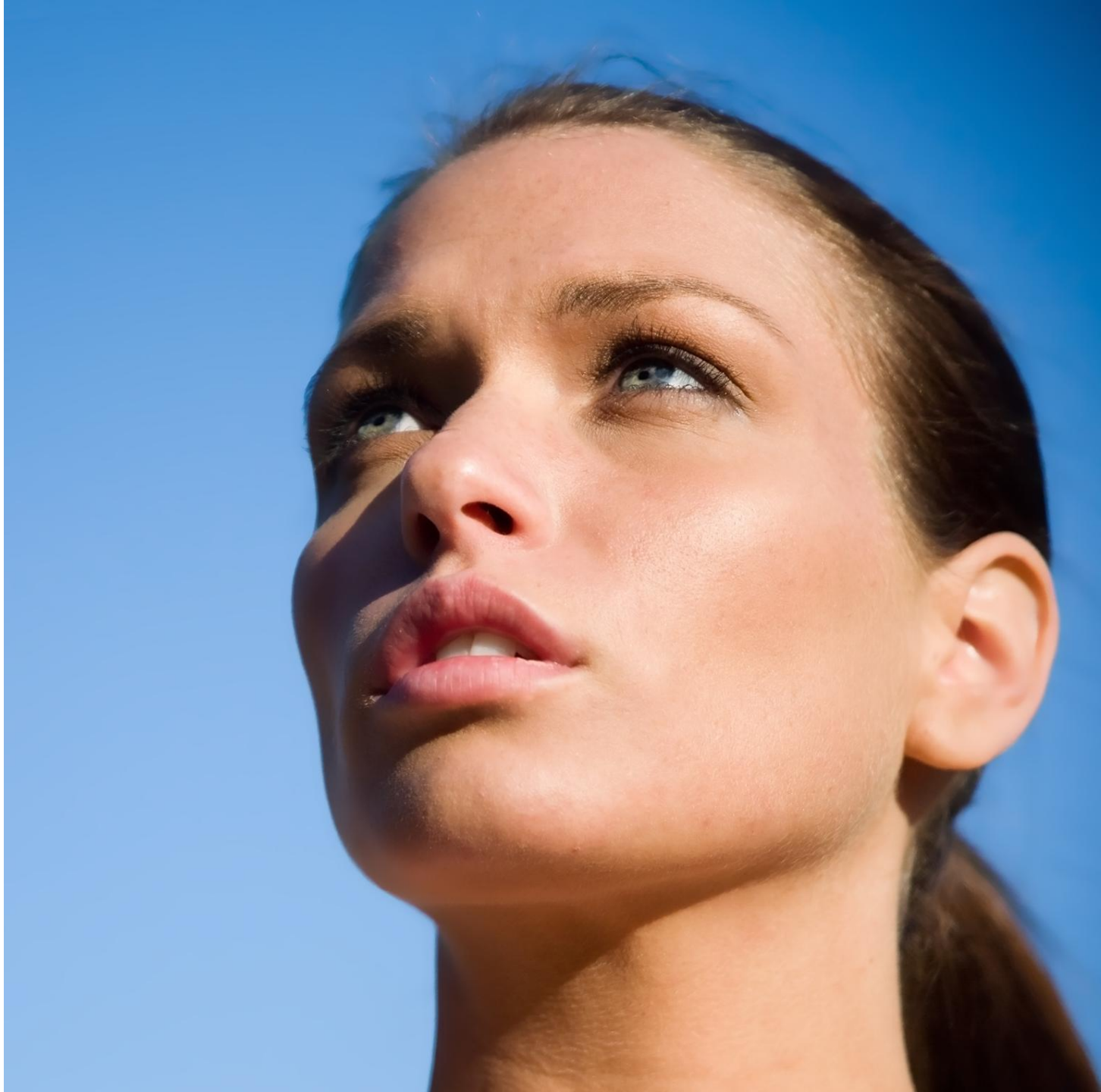
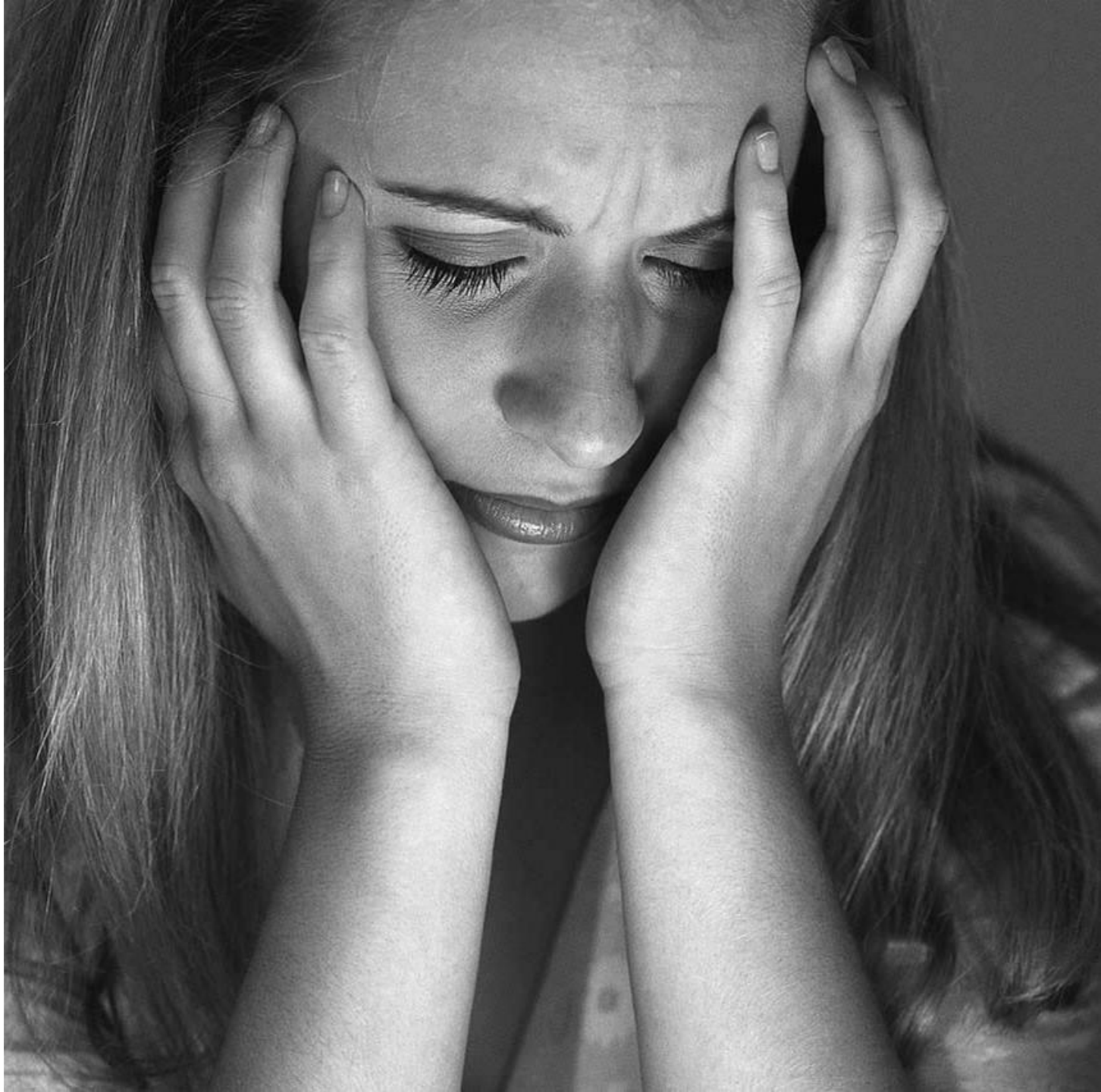


DEPRESSED

Pessimistic sense of inadequacy , lack of activity.



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DISPLEASED

Dissatisfied or dislike.

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DISTRACTED

Having the attention diverted. Mentally disordered; unsettled.

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DISTRESSED

Much troubled; upset; afflicted. In financial straits; poor

DISTURBED

Much troubled; upset; afflicted. In financial straits; poor

DISTURBED

Unsettled, broken up, or altered in structure or function: disturbed soil. Being or resulting from being emotionally or mentally troubled

DISSATISFIED

Exhibiting lack of satisfaction.

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Exhibiting lack of satisfaction.

DISGUST

To excite nausea or loathing in; sicken. To offend the taste or moral sense of; repel.

DISGUST

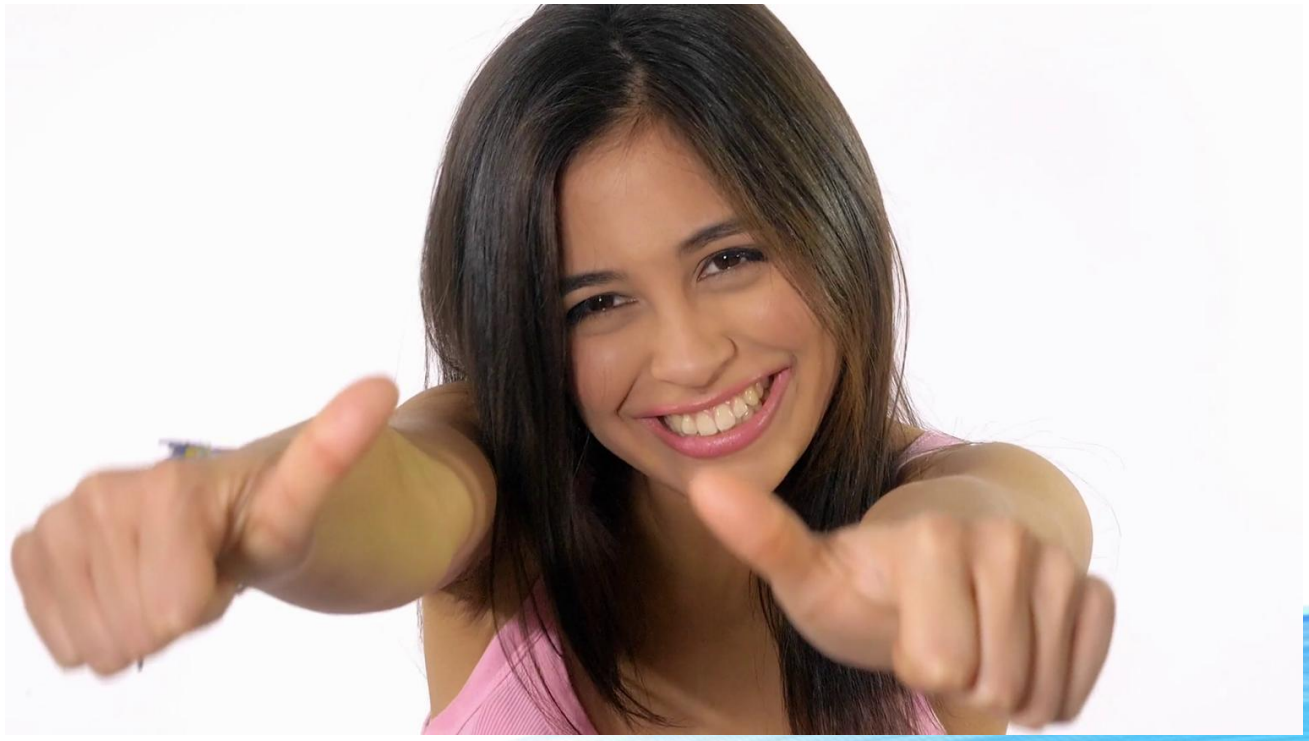
To excite nausea or loathing in; sicken. To offend the taste or moral sense of; repel.

DISAPPOINTED

Disappointments may be caused by not meeting one’s expectations. Every single person has a specific set of standards. This serves as the personal quality control of the individual.

ENTHUSIASM

A strong excitement of feeling. Great excitement for or interest in a subject or cause.



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ENVY

Painful or resentful emotion. Awareness of an advantage enjoyed by another joined with a desire to possess the same advantage.

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FASCINATED

To hold an intense interest or attraction.

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To hold an intense interest or attraction.

FEAR

A very unpleasant or disturbing feeling caused by the presence or imminence of danger:

FEAR

Fear is a part of daily life for women

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FRUSTRATED

A deep dissatisfaction arising from unresolved problems or unfulfilled needs.

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A deep dissatisfaction arising from unresolved problems or unfulfilled needs.

GUILT

Culpability especially for imagined offenses or from a sense of inadequacy.

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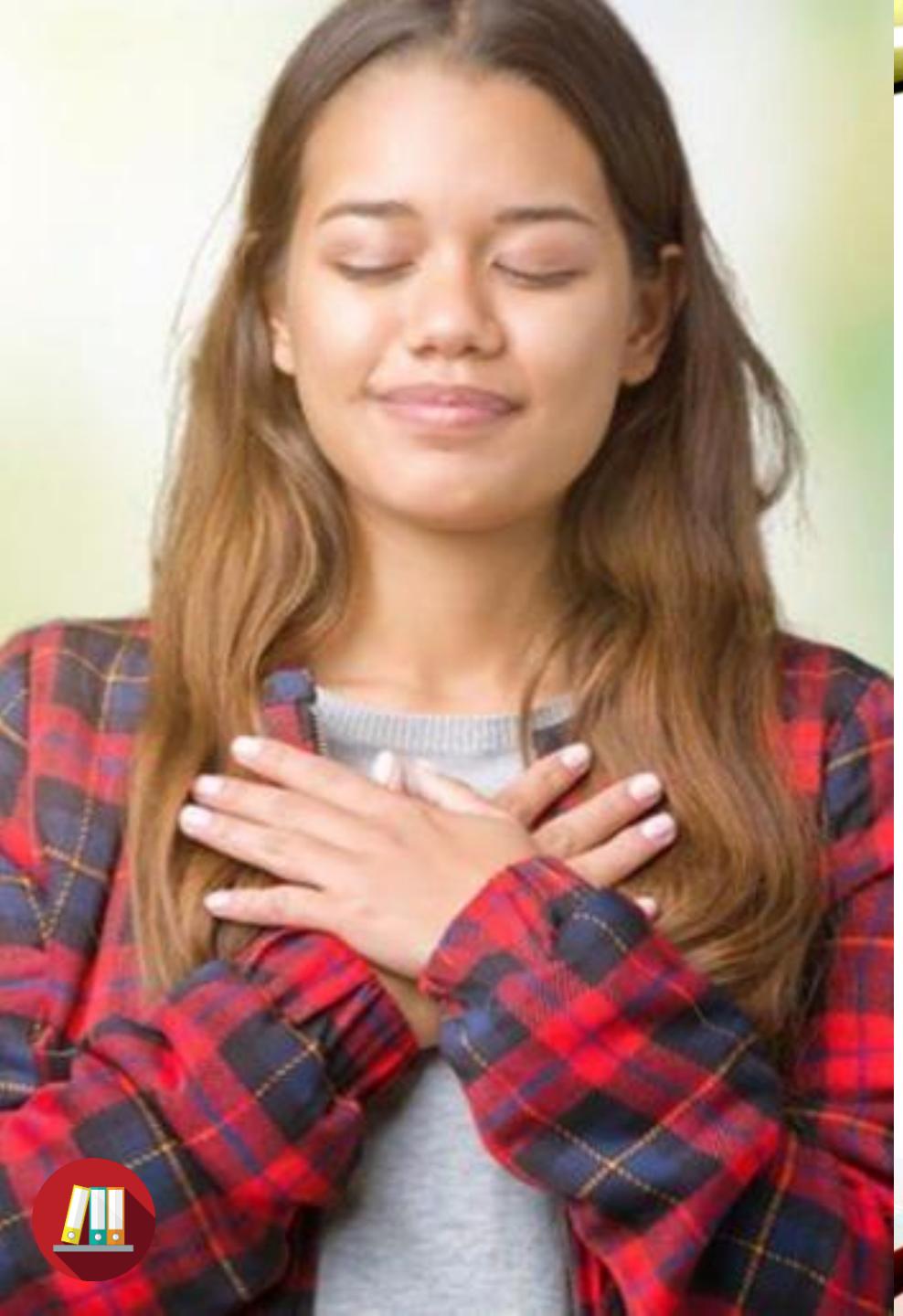
Culpability especially for imagined offenses or from a sense of inadequacy.

GRATEFUL

The state of being grateful; thankfulness.



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GRIEF

Intense sorrow especially caused by someone’s death.

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HAPPINESS

Happiness is defined as a state of mind or feeling characterized by contentment, love, satisfaction, pleasure, or joy

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HOPE

To cherish a desire with anticipation. To wish for something with expectation of its fulfillment.

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JEALOUS

Thoughts, feelings, and behaviors that occur when a person believes a valued relationship is being threatened by a rival.

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JOYFUL

Full of joy; very glad; exulting.

LOVE

A strong affection for another.

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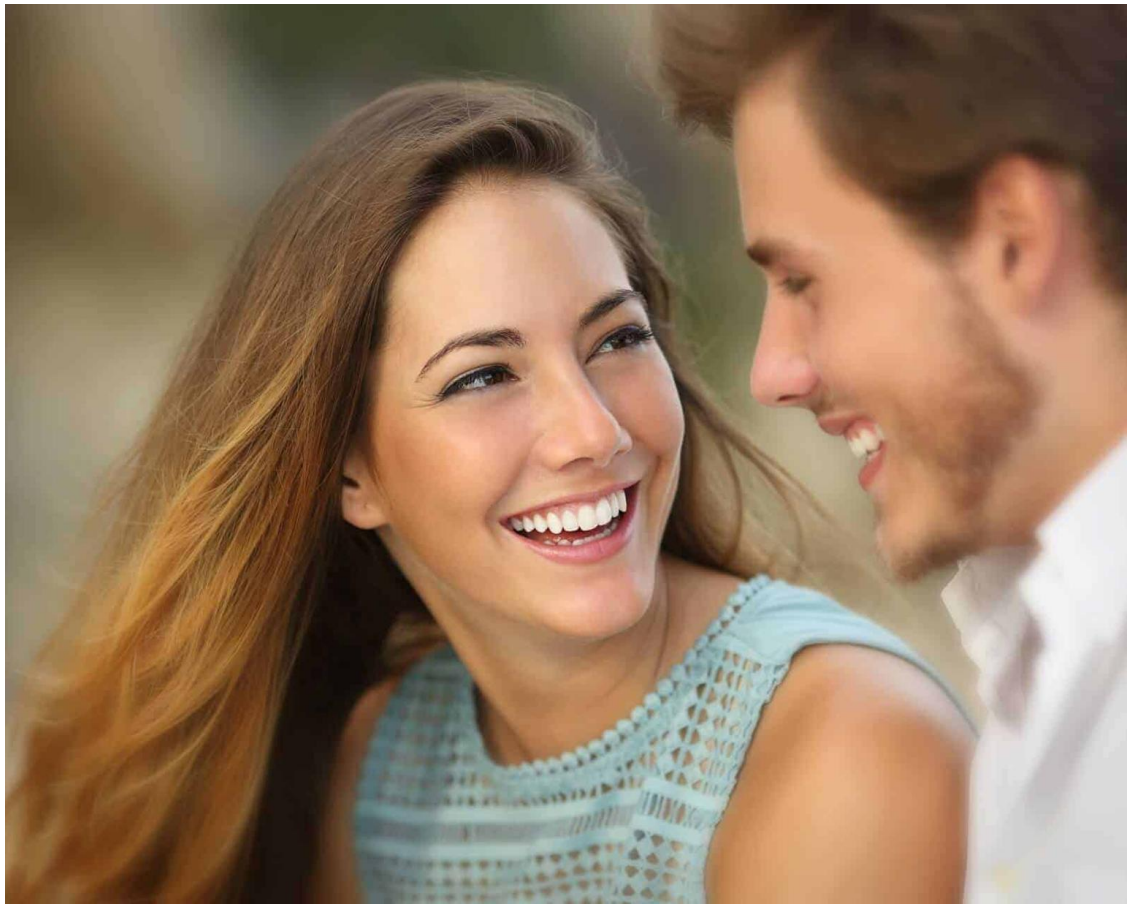

LOVE

A strong affection for another.

LOVE

A strong affection for another.

NEGATIVE

Being pessimistic, expressing disagreement or refusal.

OFFENDED

To result in displeasure.

OFFENDED

To result in displeasure.

OPTIMISTIC

Expecting the best in this best of all possible worlds.

OPTIMISTIC

Expecting the best in this best of all possible worlds.

OPTIMISTIC

Expecting the best in this best of all possible worlds.

OVERWHELMED

To affect deeply in mind or emotion.

PATIENT

Having or showing patience.

PRIDE

Exaggerated positive evaluation of oneself based on a *devaluation* of others.

REGRET

Sorrow, repentance, disappointment.

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RESENTFUL

A feeling of indignant displeasure or persistent ill will at something regarded as a wrong, insult, or injury.

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RELAXED

Not agitated or disturbed emotionally. Free from worry or anxiety.

RELAXED

Not agitated or disturbed emotionally. Free from worry or anxiety.

SAD

Unhappy. Feeling sorrow.

SAD

Unhappy. Feeling sorrow.

SELF-PITY

A self-indulgent dwelling on one's own sorrows or misfortunes. An estate of mind of an individual in perceived adverse situations who has not accepted the situation. And does not have the ability to cope with it.

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SHAME

A condition of humiliating disgrace or disrepute. Shamery is also a central feature of punishment, shunning, or ostracism. In addition, shame is often seen in victims that had suffered child neglect or child abuse. And a host of other crimes against children.

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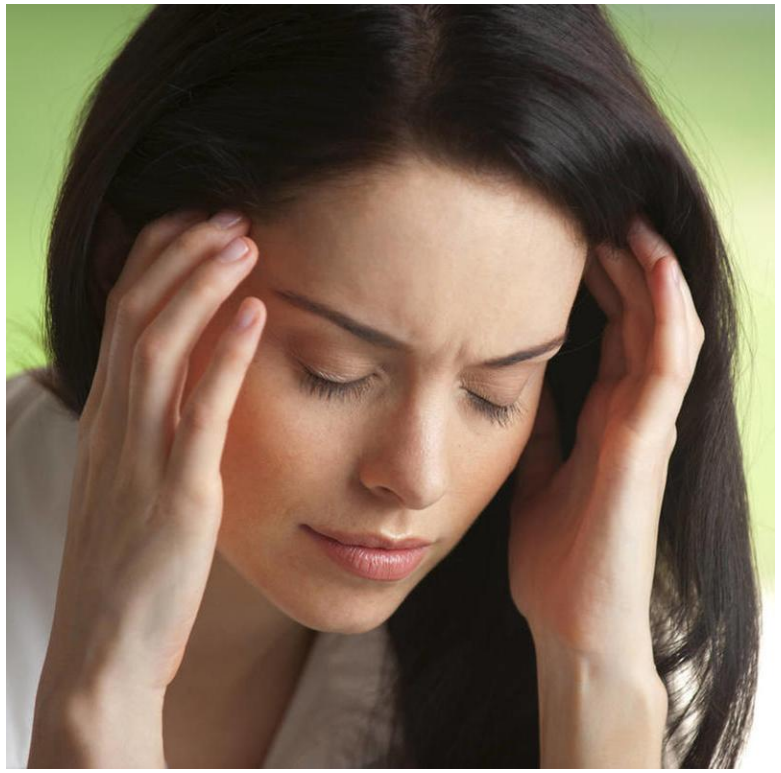
STRESSED

Stress affects all people because stressors are everywhere. They can be facing, the nosy fellow sitting right next to a person's office desk, a two-figure bank account or the country's declining economic standing.



STRESSED

Stress affects all people because stressors are everywhere. They can be facing, the nosy fellow sitting right next to a person's office desk, a two-figure bank account or the country's declining economic standing.

SURPRISED

Come upon or taken unawares; struck with something novel or unexpected.

SURPRISED

Come upon or taken unawares; struck with something novel or unexpected.

TROUBLED

Disturbed; agitated; afflicted; annoyed; molested.

TRUST

Firm belief in reliability, truth, ability or strength of someone or something.

UPSET

To distress or perturb mentally or emotionally.

UNCOMFORTABLE

Causing discomfort or distress; irritating; painful.

UNCONCERNED

Not concerned; not anxious; feeling no solicitude. Unconcerned at what has happened. Unconcerned about or for the future.

UNCONCERNED

Not concerned; not anxious; feeling no solicitude. Unconcerned at what has happened. Unconcerned about or for the future.

UNHAPPY

Unfortunate; unlucky. She has been unhappy in her choice of a partner. Affairs have taken an unhappy turn.

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UNHAPPY

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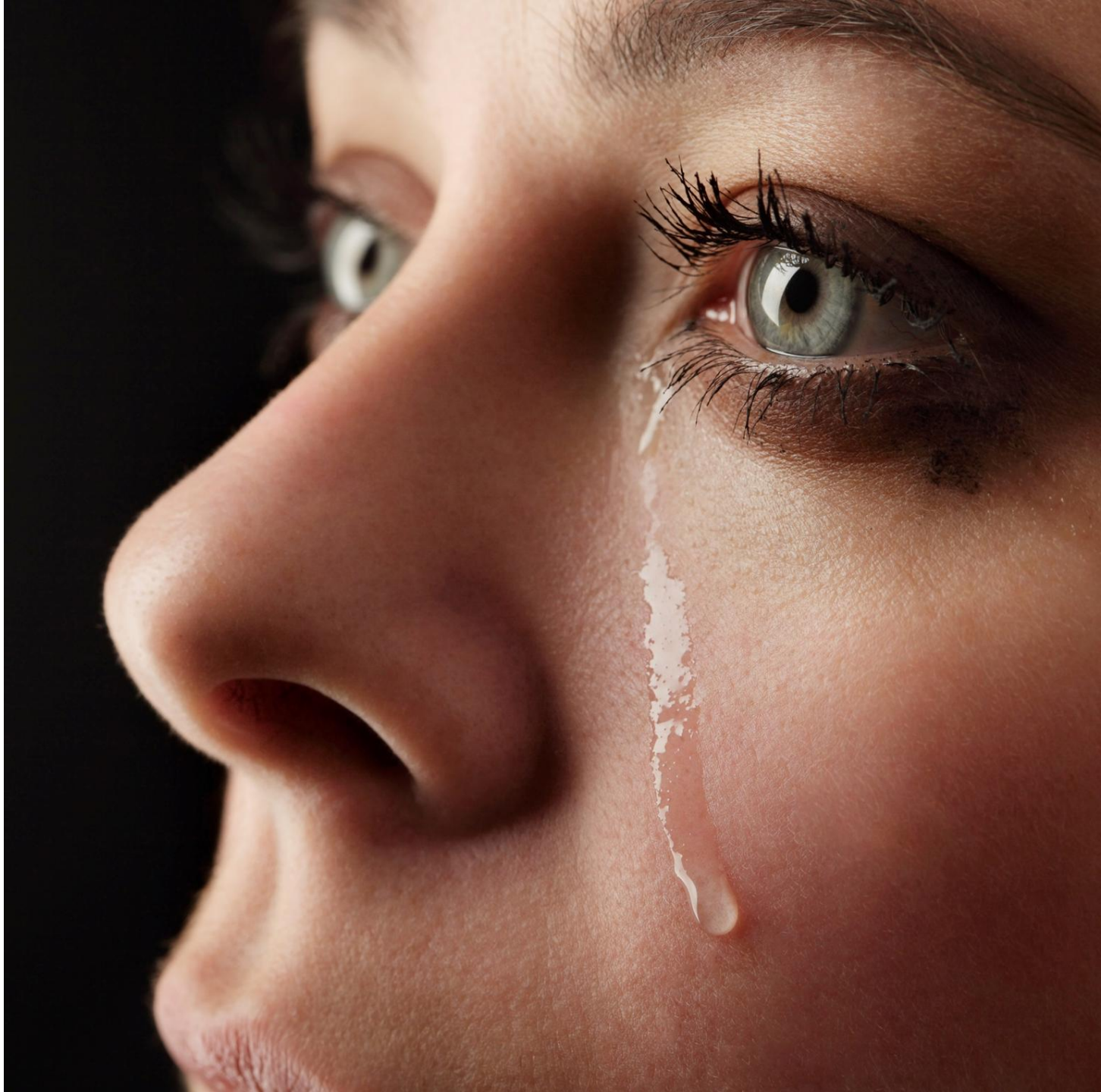
VITALITY

Physical or mental vigor especially when highly developed. The capacity to live, grow, or develop.

VICTIMIZED

To cheat or defraud. Taken advantage of.



VULNERABLE

Susceptible to emotional injury, especially in being easily hurt.

WORRIED

Anxious over actual or potential difficulties.

From the author of "How To Love A Woman" 20th Anniversary Edition

By David Michael Curtis

The Holy KJV BIble > Marriage & Divorce